

# GEMSTONES FOR THE SOUL PROFILE

Created by Shakti Carola Navran

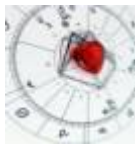


## The Universal Healing Power of Gemstones & Crystals

Prepared for: Jan Doe

Born: July 26, 1969 at 04:06 AM in Buffalo New York

### **Astrology: Your Life's Blueprint**



Your horoscope is a finely drawn map of your soul that brings you into awareness of the invisible forces steering you through life.

Astrology acquaints you with your personal blueprint. Part of your blueprint consists of areas of challenge that reoccur until you master them. You need to take special care to achieve balance and harmony in those areas and to seek support for the challenges that are holding you back. Astrology provides you with an awareness of these themes, allowing you to take steps to manage them in positive ways. It's important to gather all possible resources during that phase of your journey.

One of the most powerful and enriching ways to move through areas of challenge and open the way to the life you wish for is to use the healing powers of gemstones. Each person has a highly individual birth chart corresponding to conditions in the heavens at the exact moment of your birth. This list shows you a specific set of gemstones which are related to your birth chart. It's worth getting to know these stones and how they can be made to work for you.

### **Tap into the Power of Gemstones for Healing & Balance**

Virtually everyone responds intuitively to the amazing beauty of gemstones—they speak directly to your heart! But gemstones can help you in another way: they have energy that can interact with your own energy field to heal and balance your mind, body, and spirit.

### **Energy Is the Source of Life**

As science confirms, everything in the universe is made of energy vibrating at different frequencies. Every bit of seemingly solid matter is a swirling microcosmic world of energized particles creating form as we know it. This is true of your body and everything in the world we live in—including gemstones and crystals. When the energy system of the body is in balance you feel joyful, balanced, and energized, emotionally as well as physically. When the energy system is out of balance and harmony, at some point you will experience physical or mental dysfunction and blocks.

There are many natural ways to achieve or restore energy balance for well-being. Gemstones

are one of the most powerful ways to influence your energy field. They have both physical energy and metaphysical properties, derived from their perfectly aligned crystal structure. They can be placed on your body or in your home, or used in meditation and many other ways.

### **Your Gemstone Profile ~ Your True Birthstones**



Your personal Profile will indicate which stones are the most beneficial and healing for you. In fact you have 13 main healing gemstones, which I call your **power gems or true birthstones**. They are based on the 10 classical planets, your Ascendant, the Moon Nodes, and Chiron.

If you should feel drawn to a gem that is not in your profile, trust your intuition as your attraction for that stone may be an indication of a transition you are going through or a specific theme you are working on right now in your life.

In the guide that follows you will find descriptions of the physical and metaphysical properties of each stone that will help you understand the influence of that stone. While there are many books about the physical healing aspects of gemstones and crystals, my interest here is in the metaphysical aspects of the stones that promote the growth of your spirit and soul rather than in the impact of the stones on the physical body. If your soul and spirit are balanced and whole they will express themselves in a healthy body.

If you happen to get the same gemstone more than once for some of your planets, then this gemstone should go to the top of your list because it is of great importance for you.

If you like to know more in depth about your horoscope in connection with your stones I am available for [individual consultations](#). Or you might like to look at my [Jewelry for the Soul](#) site. You can find more in depth information about the healing with gemstones and crystals in [my book](#) *Jewelry and Gems for Self-Discovery*.

**I wish you a wonderful, ever-deepening journey into balance and well-being.**

**I know you will enjoy God's beautiful creations.**

**~ Shakti**



## Your Sun's True Birthstone

**The Sun** represents your inner center, your self-identity and core values. Your Sun radiates from your inner center, giving you energy, joy, and individual self-expression. Your birthstone for your Sun strengthens your radiance and expression of personal power.

## Your Sun is in Leo and in house 2

### Diamond - Green Diamond

#### Diamond



The Diamond is to me one of the most beautiful stones of all. It has the highest reflection of light and is the hardest and most durable of all gems. It crystallizes in a double pyramid shape as an octahedron.

Diamond carries the energies of the Sun, Mercury, Mars, Venus, Saturn, and Uranus. Most people are fascinated by Diamonds. They are universally beloved stones because of their truly outstanding qualities and their brilliance. We sense that they can support and evoke brilliance in us as well. Because of that brilliance Diamonds truly are your best friends. They can uplift you and help you shine and focus your mental abilities.

The Diamond represents the life force energy of the sun, the highest expression of light and consciousness in our solar system and therefore serving as the gateway to higher perceptions of reality, other realms and dimensions.

Diamond also represents the Wise King, like King Arthur, so beautifully portrayed in the movie Excalibur. King Arthur recovers from his illness with the help of his knight, Lancelot, who brings him the Holy Grail. Drinking from the Holy Grail he achieves a higher state of consciousness, a state of oneness. This is his healing.

Many of our myths and stories show the individual hero struggling against some challenge; conquering that challenge requires growth and evolution to a higher state of understanding and consciousness. This is the quest that we all pursue. The Diamond is a metaphor for this process: it is mined, cut, and polished, evolving toward a state of ever more refined perfection until it becomes a perfect manifestation of light and wisdom. Does this not mirror your own path toward a greater state of enlightened perfection?

Although there are many other stones that are beautiful and precious in their natural state, it is Diamond that is accorded the place of honor as the most special and precious gemstone. We appreciate intuitively the qualities of the Diamond and elevate it to this status. In the Ayurvedic and East Indian traditions women are discouraged from wearing Diamonds because they are considered too powerful; but I encourage all women to take part in the empowering and

consciousness-enhancing qualities of the Diamond!

The Diamond helps you connect with your creativity and the power radiating out from the center of your being. We often get caught up and solely identified with our manifested personality. By uncovering your underlying universal power, wisdom, and radiance, as manifested in your dreams and creativity, you can grow into your highest potential. Supported by the Diamond, you can delve below your outward personality and discover your true self.

As Diamond is the hardest stone, it supports you by helping you achieve structure, self-discipline, and endurance in your life so that you may extend the boundaries of your capacities.

The Diamond represents the crown chakra, your connection to unity consciousness, to all that is. It refracts light like a rainbow, representing your eternal connection to the divine source.

Given all of these superb qualities, we can all benefit from wearing a Diamond, wherever we are on our path. Its strength is enhanced when it is worn with the right awareness, helping us, through our human consciousness, to discover that we are part of the one divine consciousness.

Whenever we wear a Diamond in combination with other colored stones, it enhances the qualities of the colored stone. I love to combine Diamonds with other stones in my jewelry; it's like shining the light of consciousness into specific areas of your life.

Although Diamonds might all look alike, they are all different, not only in the quality of color, clarity, and cut, but in their energy, which will be slightly different depending on where they have been mined. "The bigger the better" is not always true of Diamonds, in my experience. Choose the one stone out of the many that you find the most beautiful, the one calling out to you. It's important to learn to follow your own intuition when you start working with gemstones.

### **Green Diamond**



The Green Diamond is a very rare being. The most famous one is the 41-karat Dresden Diamond, purchased by King Frederick Augustus II of Saxony in 1743 and the largest green diamond known; it is displayed in the palace in Dresden, Germany.

Many Green Diamonds used in jewelry today are irradiated to achieve their green color. I am hesitant to use radiated stones in my jewelry, but the Green Diamond definitely has powerful capabilities even when treated.

The Green Diamond teaches you about the riches of the heart. It is an androgynous being with both male and female qualities. She is the lover and the beloved. He is the healer of the heart and makes it strong to protect it from hurt—pain may still be experienced but it stops short of suffering. Balance and nourishment are found in your hearts so that you need little from outside yourself. The king and queen are married in your own heart. Fulfillment and joy will find their expression in everything you do and create in the world.

Your inner abundance is mirrored in outer abundance. Richness and abundance are a state of mind, not a manifestation of possessions. Whenever you are in an abundant state of mind you feel the urge to share your abundance with others and you find that indeed, there is plenty for everyone. Abundance of the heart and spirit and the grace that ensues from them—those are the lessons of Green Diamond.

### **Your Moon's True Birthstone**

**The Moon** represents your heart and soul. The Moon is the *Great Mother*, the healer and nourishing principle. The Moon in your chart symbolizes your dominant needs and what you truly need in order to be happy. Your stone for your Moon will help soothe your sensitivity and balance you emotionally.

### **Your Moon is in Sagittarius and in house 6**

#### **Labradorite**



Labradorite is a feldspar cousin of Moonstone, but it occurs in stronger, almost metallic colors, more in the range of green, blue, and a touch of yellow. Viewed from the right angle, the reflected colors really sparkle. This stone was originally found in Labrador. Today it also comes from Newfoundland, Russia, Mexico, and the United States. Labradorite has a Mohs' hardness of 6 to 6 ½. It can be used in rings, but if the ring is worn frequently the stone must be polished occasionally. It also makes beautiful pendants and you can have large stones made into jewelry without spending too much money.

Labradorite represents the frequencies of the Moon, Saturn, and Uranus.

Labradorite is even more closely connected to the subconscious mind, the intuition and wisdom of the heart than Moonstone. It opens up a connection between the heart and the throat chakra and helps you to express your feelings and your own inner truth. We must value our own inner feelings and sense of who we are to be able to express and maintain them. Labradorite helps you to unveil your emotional needs and wants and also your ability to heal and nourish others. It shows us through its mysterious depth and beauty your own endless potential, waiting to be manifested. It is a wonderful ally for artists and writers to help them tap into the unconscious mind and its treasures.

## Your Mercury's True Birthstone

**Mercury** was the Roman messenger of the gods. He represents your mind, your intellect, your voice, and your vision. He is curious and loves to explore, discuss, and learn new things. A Mercury stone can help you achieve better communication, focus on studying, and finding your own strong voice.

### Your Mercury is in Leo and in house 2

#### Diamond - Green Diamond

##### Diamond



##### Green Diamond



The description for this gem has already been given under the planet named Sun. Please see that planet for all the details. Just be aware that this stone is becoming one of your most powerful gemstones because it is relating to at least two planets, representing more than one inner aspect of your personality.

## Your Venus's True Birthstone

**Venus** is the Roman goddess of love, harmony, and beauty. She shows you how to open your heart for true intimacy and how to be discriminating in your search for the right partner. Your Venus stone will enhance the radiance of your heart and help you find greater self-love and appreciation.

### Your Venus is in Gemini and in house 12

#### Herkimer Diamond



The Herkimer Diamond, found in Herkimer, New York, is a double-terminated rock crystal with such clarity and brilliance that it was named after the most reflective and brilliant stone there is, the Diamond. A handful of Herkimer Diamonds are as dazzling as real Diamonds. The most common material on earth, silica, becomes a sparkling little gem in the Herkimer

Diamond.

This stone grows in small air pockets in the mother matrix rock material. It starts as a small seed crystal and grows outward from the center. Some collector's pieces are displayed still embedded in a pocket of air in the mother matrix.

The Herkimer Diamond is the only stone that relates to all the planets in the heavens, giving rise to its unique balancing qualities. Whenever you're in doubt about which gemstone to choose, Herkimer will serve you well.

This stone is amazing in its beauty, clarity, and perfection. Unlike the Diamond, which must be cut and polished to bring out its beauty, the Herkimer Diamond is perfect in its natural state and requires no cutting or polishing at all. It is untouched by the human hand. I love to make jewelry with both of these beautiful stones and to combine them in the same piece.

The Herkimer Diamond has a very special place among the gems because of its superior qualities. It is worn most beneficially over the heart. Sitting on the heart chakra, which is the middle one of the seven, it balances the whole energetic system. Thus it is able to strengthen your auric field against all kinds of radiation, including electro smog and negative thought projections. We are constantly targeted by radiation in our daily lives, especially in urban areas. It is known that sitting in front of a computer for several hours can lower our white blood cell count, which inevitably impacts our health. The Herkimer Diamond in its perfection and balance between the negative and positive points can balance you out and strengthen your own energy field.

This stone also strengthens your auric field against negative emotional or mental projections. I have made many Herkimer Diamond pendants for people who work in the healing professions to help them stabilize and treat their clients without picking up their imbalances. The more sensitive you are the more likely you are to pick up on disharmony in your outer field. The Herkimer Diamond is your ally in maintaining your own balance and strength.

This stone also balances the right and left hemispheres of the brain, the creative and logical, the female and the male sides in us. Most of us tend toward one side or the other. The Herkimer Diamond balances you out in the middle between the two. The creative mind and the logical and scientific mind are enhanced by each other's qualities: the creative mind benefits from greater focus and logic and the scientific mind draws on more creative and intuitive resources. The two hemispheres join forces, resulting in inventions and discoveries beyond the known.

The Herkimer Diamond's brilliancy stimulates your inspiration and connection to higher truth and wisdom. Clarity of thought and a peaceful mind are a matter of balance.

The Herkimer Diamond can be worn very beneficially over your heart or as earrings close to the brain. For jewelry seek the clearest and most perfect crystals. For meditation or even under your pillow you may choose a larger crystal, which might not be quite as perfect as the smaller ones. The larger stones have inclusions and rainbows that make them very beautiful nonetheless. The Herkimer Diamond is a gift in its perfection and balancing qualities, a visual reminder of God's perfect creation.

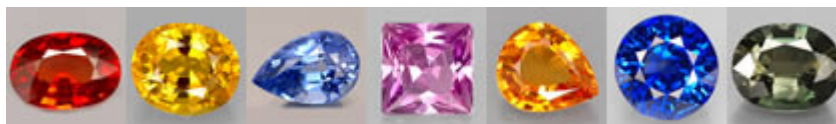
## Your Mars's True Birthstone

**Mars** the warrior represents our life-force energy. He has strong willpower, stamina, and passion. He highly values courage and needs to find a good cause to fight for. Your Mars stone can help unblock your physical energy and unleash your passion. Claim your courage and take a stand for what is important to you.

### Your Mars is in Sagittarius and in house 6

#### Sapphire - Yellow Sapphire

##### Sapphire



The name “Sapphire” comes from the Greek word for “blue.” The Sapphire belongs to the corundum family. The red variety is called Ruby and all other color variations are called Sapphire. There are black, pink, violet, green, yellow, and orange Sapphires. The orange variety is also called Padparadscha, which means “Lotus flower” in Sinhalese, the language of Sri Lanka. Sapphires are found in many places around the world, with the best qualities coming from Australia, Sri Lanka, Burma, Thailand, Kashmir, and the state of Montana.

With a hardness of 9 on the Mohs’ scale, the Sapphire is the second hardest stone after the Diamond, making it a very durable stone and excellent for wedding bands and a lifetime of wear.

The family of Sapphires is related to almost every planet with the exception of Pluto. Besides the Tourmaline the Sapphire is the only stone that occurs in all the colors of the rainbow. Each color touches us in a different way. Sapphires are especially powerful if different colors are set together in a piece of jewelry.

The rainbow symbolizes beauty and the treasure waiting for us at its end. Discovering that treasure always involves a journey. At some point in your journey you might realize that the journey itself is the goal. The journey is always happening in the Now, and the Now is all there is. The beautiful family of the Sapphires can help you to live in the Now, to enjoy yourself as you are, to make peace with yourself and your life.

#### Yellow Sapphire



The Yellow Sapphire is a wonderful friend to accompany you on your journey through life full of abundant, joyful, creative energy. Its golden yellow color radiates to your solar plexus, making it softer and more relaxed. This is where all your fears and anxieties can be felt—sometimes if you really tune in these can be felt as “butterflies” in the belly. All these exciting energies are swirling around there, seeking a way to be expressed. The Yellow Sapphire is the sun in your power center, stimulating your powers of self-expression and creativity in all that we do.



The sun nourishes your body and soul with pure life force. Everyone loves to lie in the sun and receive that energy. We know that the sun stimulates glandular production and has been used to cure many different diseases throughout the ages. The sun helps also with depression, which many people experience through a long hard winter with overcast days.

The Yellow Sapphire connects with your nervous system, where it is like a balm, balancing it and equipping it to deal with stress and challenges in a new way. You can come up with new ways of looking at problems and dealing with them one step at a time. The Yellow Sapphire sharpens your attention to details and gives you the energy to work things out.

The Yellow Sapphire is wonderful companion for people in the healing professions as it helps to replenish your own energy resources and balance. That is so important for people who are caring for others physically or emotionally. It is known that doctors have the highest suicide rate of all professions; thus it is crucial for them to restore balance in their systems.

Often it is picking up lower-frequency energies that make us ill. Along with the Yellow Sapphire, another stone that shields us from those energies and strengthens and balances our own auric field is the Herkimer Diamond.

### **Your Jupiter's True Birthstone**

**Jupiter** is the king of the Roman gods. Everything about Jupiter is big, buoyant, and expansive. In the old astrology he was called the *bringer of fortune* because of his ability to show you where to find meaning and fulfillment in your life. Your Jupiter stone is your *lucky stone* and will help you achieve joyful success in many different areas.

### **Your Jupiter is in Libra and in house 4**

#### **Jade**



“Jade” is the name used in the jewelry trade for both Jadeite and Nephrite, two green stones that are so similar that they are difficult to distinguish. I will refer to them here as a single stone because they are almost identical in their metaphysical properties.

The most valuable is the Imperial Jade, a translucent emerald-green stone with chrome pigments found in Burma. In ancient times it was used for knives and instruments as well as carvings for jewelry and religious and ornamental objects. It was known for its toughness and was highly valued in China and pre-Columbian Central America.

Jade is still highly valued in present-day China and is considered an important part of a family's tradition and heritage. Jade carvings, jewelry, and other objects are kept in the family for many years and passed on to the next generation. It is considered a stone that brings healing for all kinds of ailments, financial good fortune, abundance, and spiritual alignment.

Jade is a very gentle, feminine being with Moon, Venus, Neptune, and Jupiter energies.

Jade has a very soft, shiny, pearly luster when it is polished. There is a feminine quality to it that no other stone has. It is easily carved and shaped but is still tough and unyielding. Jade represents a lady in her elegance and posture and is very nourishing and supportive. It balances the heart and softens the hard edges and scars of the heart. Lady Jade reminds me of water: soft and caressing but unyielding and so strong in its own way. No rock can withstand the power of water over time. It will be washed round and smooth and finally eroded to powder over time.

Jade is indeed a very healing stone. The nourishment you feel with Jade comes from a place inside you, from your own being. Our connection with your own spiritual nature allows you to heal the heart of its grief and wounds. Jade helps you to value your own process of growth and transformation and to be compassionate and patient with the tiny steps you are able to take.

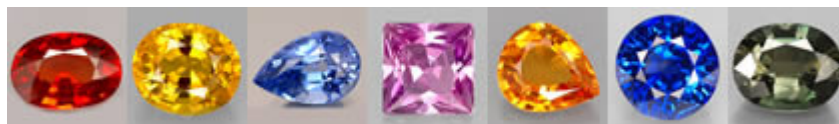
### **Your Saturn's True Birthstone**

**Saturn** can be a difficult planet to integrate into your personality and your life, but this is not a bad planet if you are willing learn the lessons offered by Saturn. He represents where you need to climb a mountain and do the Great Work of conquering your greatest challenges through hard work, sometimes with few resources. Saturn challenges you to look deep inside yourself and examine your fears and restrictions. Your Saturn stone will help you reap the benefits of doing something difficult and make your journey easier.

### **Your Saturn is in Taurus and in house 11**

#### **Sapphire - Blue Sapphire**

#### **Sapphire**



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### **Blue Sapphire**



The Blue Sapphire varies from light blue to dark blue. The most expensive color is cornflower blue. The coloring pigments are iron (Mars) and titanium (Uranus). The Blue Sapphire brings us peace of mind. It helps to relax anxiety-driven thoughts by helping us to look at situations from a higher perspective. It helps us to find meaning in the situation we are dealing with and to gain faith in the goodness of life.

If you can live your life from a place of trust in life, that everything is happening for a reason and is part of a bigger plan even if you cannot see it right now, you will find peace. You can relax by putting your fears and worries in the hands of that Higher Force, however you choose to call it. The Blue Sapphire also strengthens and grounds you in your daily activities. He is responsible and reliable and helps you to follow through on our commitments. He gives you the virtue of Patience.

You may also be able to find a Star Sapphire who is a very special treasure with the integrating love of Venus, the feminine.

Though we are firmly grounded on Earth, the Blue Sapphire soars with us into the unlimited heavens, opening us to higher insight, vision, and wisdom. Innovation and inventions may flow from this new position: it is a place of revolutionary ideas and higher ideals. Best of all, the Blue Sapphire has sufficient energy to make sure you act on those new thought forms, bringing them to life.

The Blue Sapphire is a male stone at its best. It is a healer and mentor for your active mind.

## Your Uranus's True Birthstone

**Uranus** is the rebellious spirit, the outsider, the genius, and truthsayer. Uranus shows you where you need to value your own inner soul guidance and authenticity more than any social pressures. Your Uranus stone helps you stand strong in your own sparkling, colorful individuality.

### Your Uranus is in Libra and in house 4

#### Labradorite



The description for this gem has already been given under the planet named Moon. Please see that planet for all the details. Just be aware that this stone is becoming one of your most powerful gemstones because it is relating to at least two planets, representing more than one inner aspect of your personality.

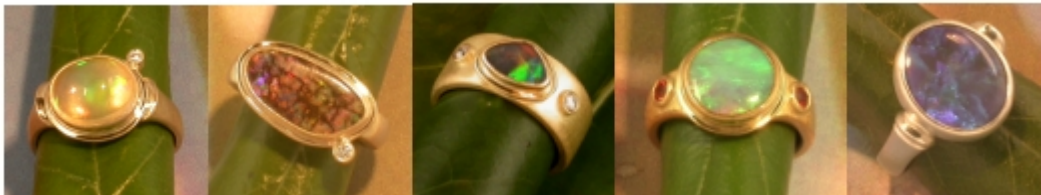
## Your Neptune's True Birthstone

**Neptune** is the Mystic, the Dreamer, and the Artist inspired by the infinite non physical dimension of creation. Neptune shows you the nature of your inner connection to the divine and the spiritual dimension of life. Your Neptune stone can help you find ways to open yourself to and enhance states of higher consciousness and allow infinite creativity to flow into your experience.

### Your Neptune is in Scorpio and in house 5

#### Opal - Crystal Clear Fire Opal

#### Opal



The Opal family is divided into three groups: the opalescent Precious Opals, the yellow-red Fire Opals, and the Common Opals. The first two are characterized by their opalescence, a rainbow-like sparkling and iridescence that changes when viewed from different angles. Each gem is an individual and unique, but this is especially true in the world of the Opals—there are no two Opals alike. If you fall in love with one while shopping, buy it because you will never find the same one again.

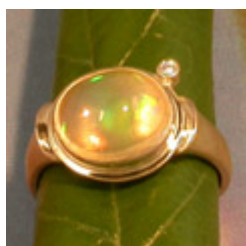
Opal is sensitive to pressure and knocks and will be affected by acids and alkalis. It might be found as Opal matrix, embedded in the matrix rock material it has grown in.

Australia is the primary source of the best quality Opals. They are also found in Brazil, Guatemala, Honduras, Japan, and the United States.

Opal has no crystal structure; it is amorphous. Its molecules are layered in a siliceous jelly and it can contain up to 30 percent water. This water is essential to the stone: if it loses water it may crack, the color may change, or the opalescence may diminish. It is always good to moisten the stone, especially when stored away for a time. In my observation, because of its very liquid composition, the stone's colors vary significantly with the emotional status of the wearer. So no, it's not your imagination if your stone changes its color from day to day!

Opal brings in transforming energies in connection with Mars, Venus, Mercury, the Moon, the Sun, Pluto, Saturn, Uranus, and Neptune.

### **Crystal Clear Fire Opal**



This is the female Fire Opal: transcendent, brilliant, sparkling in many hues. This opal is like a drop of water radiating shining colors from its depths.

The Crystal Clear Fire Opal represents the Amazon woman, strong and independent. She never gives her power away to her mate. She is a friend, lover, and companion. She values her sisters highly as a source of support, wisdom, and nourishment.

This stone connects you to the collective unconscious and all the treasures it enfolds. It fuels your intuition with sudden sparks of insight and wisdom. But it is also the universal mother guiding and nourishing you, sustaining you in times of trouble and difficulties. It helps you in times of change to keep your courage and to transform yourself. Accompanied by the Crystal Clear Fire Opal, a woman who has grown and transformed herself through challenge and difficulty becomes more real and in touch with her true being and becomes truly self-empowered.

### **Your Pluto's True Birthstone**

**Pluto** shows the karma of the deepest wounds of your soul and where you hold fear, shame, guilt, and despair in your soul memory. Pluto shows where your deep inner work needs to be done. Your Pluto stone eases the intense, deep work with those unconscious layers of your personality and helps bring healing light into the dark.

### **Your Pluto is in Virgo and in house 4**

#### **Herkimer Diamond**



The description for this gem has already been given under the planet named Venus. Please see that planet for all the details. Just be aware that this stone is becoming one of your most powerful gemstones because it is relating to at least two planets, representing more than one inner aspect of your personality.

### **Your North Node's True Birthstone**

**The North Node** can help heal issues from your past lives. Your nodal healing stone will help you move forward following your higher inner guidance towards healing. See the South Node section immediately following this section for more information.

### **Your North Node is in Pisces and in house 10**

#### **Sugilite**



Sugilite is a relatively new gemstone. It was first discovered in 1944 in Japan and was later found in Africa, India, and Canada. It is usually more opaque than translucent and can be found from pink, lavender, and lilac to a violet-colored stone. It is not a very hard stone, with a Mohs' hardness of 5.5 to 6.5, but it can be used in jewelry.

Sugilite is the sibling of Amethyst in the sense of being a strong Neptune stone as well as carrying the frequency of Mercury, Mars, and Jupiter. While Amethyst has such wonderful translucent qualities, bringing in the violet ray of spirituality and wisdom, Sugilite is the expert in grounding this spiritual frequency in this world. Its teaching is not about transcending the world but living fully in it as a spiritual human being.

Sugilite is an artist, shaman, mystic, musician, and healer and it stimulates those abilities in you. It represents the healing wisdom of a higher dimension and perspective.

The special ability of Sugilite is to open the connection to the divine dimension of spirit and to bring inspiration through the crown chakra and the third eye. It is a spiritual teacher that transmits understanding of how to live from the highest spiritual dimension of your being while incarnated on earth. If you feel very sensitive and too open to spiritual dimensions, Sugilite can help ground you in this reality.

Sugilite is also one of the dream stones, enhancing your ability to remember your dreams or the ability for lucid dreaming. It is not a very expansive stone and you can get tumbled pieces to carry in your pocket or put under your pillow at night. I have seen some exceptionally beautiful pieces worthy of being set into a piece of soul jewelry to wear in your aura.

### Your South Node's True Birthstone

**The South Node** represents who you were in your prior life, your unresolved karma, unfinished business, and the habituated structures you might keep repeating in this lifetime. Healing those leftover issues lies in complementing the South Node with the healing power of the opposing **North Node**. Your nodal healing stone will help you move forward following your higher inner guidance towards healing.

### Your South Node is in Virgo and in house 4

#### Diamond - Yellow Diamond

#### Diamond



The Diamond is to me one of the most beautiful stones of all. It has the highest reflection of light and is the hardest and most durable of all gems. It crystallizes in a double pyramid shape as an octahedron.

Diamond carries the energies of the Sun, Mercury, Mars, Venus, Saturn, and Uranus. Most people are fascinated by Diamonds. They are universally beloved stones because of their truly outstanding qualities and their brilliance. We sense that they can support and evoke brilliance in us as well. Because of that brilliance Diamonds truly are your best friends. They can uplift you and help you shine and focus your mental abilities.

The Diamond represents the life force energy of the sun, the highest expression of light and consciousness in our solar system and therefore serving as the gateway to higher perceptions of reality, other realms and dimensions.

Diamond also represents the Wise King, like King Arthur, so beautifully portrayed in the movie Excalibur. King Arthur recovers from his illness with the help of his knight, Lancelot, who brings him the Holy Grail. Drinking from the Holy Grail he achieves a higher state of consciousness, a state of oneness. This is his healing.

Many of our myths and stories show the individual hero struggling against some challenge; conquering that challenge requires growth and evolution to a higher state of understanding and consciousness. This is the quest that we all pursue. The Diamond is a metaphor for this

process: it is mined, cut, and polished, evolving toward a state of ever more refined perfection until it becomes a perfect manifestation of light and wisdom. Does this not mirror your own path toward a greater state of enlightened perfection?

Although there are many other stones that are beautiful and precious in their natural state, it is Diamond that is accorded the place of honor as the most special and precious gemstone. We appreciate intuitively the qualities of the Diamond and elevate it to this status. In the Ayurvedic and East Indian traditions women are discouraged from wearing Diamonds because they are considered too powerful; but I encourage all women to take part in the empowering and consciousness-enhancing qualities of the Diamond!

The Diamond helps you connect with your creativity and the power radiating out from the center of your being. We often get caught up and solely identified with our manifested personality. By uncovering your underlying universal power, wisdom, and radiance, as manifested in your dreams and creativity, you can grow into your highest potential. Supported by the Diamond, you can delve below your outward personality and discover your true self.

As Diamond is the hardest stone, it supports you by helping you achieve structure, self-discipline, and endurance in your life so that you may extend the boundaries of your capacities.

The Diamond represents the crown chakra, your connection to unity consciousness, to all that is. It refracts light like a rainbow, representing your eternal connection to the divine source.

Given all of these superb qualities, we can all benefit from wearing a Diamond, wherever we are on our path. Its strength is enhanced when it is worn with the right awareness, helping us, through our human consciousness, to discover that we are part of the one divine consciousness.

Whenever we wear a Diamond in combination with other colored stones, it enhances the qualities of the colored stone. I love to combine Diamonds with other stones in my jewelry; it's like shining the light of consciousness into specific areas of your life.

Although Diamonds might all look alike, they are all different, not only in the quality of color, clarity, and cut, but in their energy, which will be slightly different depending on where they have been mined. "The bigger the better" is not always true of Diamonds, in my experience. Choose the one stone out of the many that you find the most beautiful, the one calling out to you. It's important to learn to follow your own intuition when you start working with gemstones.

### **Yellow Diamond**



The Yellow Diamond has the highest light reflection of all yellow gemstones. It is a unique and highly coveted stone. The most famous Yellow Diamond is the Florentine Diamond, a huge, 126-facet stone weighing 137.27 carats. Found in India, it first appears in legends in 1467 worn by Charles the Bold, Duke of Burgundy. Since then it has belonged to the Medici family and a variety of European royalty. It disappeared from the possession of the Austrian imperial family during their World War I exile to Switzerland.



The Yellow Diamond represents the sun and pure life energy and joy, meaning also love. Its golden light radiates into your body and soul, reminding you of the truth of who you are: an eternal being of light and spirit.

The Yellow Diamond stimulates and enhances your creativity and self-expression. It represents an artist of life who is able to celebrate and respond to life and its challenges. The wearer of the Yellow Diamond can stay very focused, determined, and patient as projects unfold.

This Diamond imparts the ability to keep the bigger picture in mind without getting lost in details, making you very successful in all your endeavors. You can become a winner with a golden touch like King Midas. The beauty of Yellow Diamond is that all this is accomplished from a place of love and sharing of your abilities with the world. The Yellow Diamond models leadership in the new millennium.

### **Your Chiron's True Birthstone**

**Chiron** has been called the *Wounded Healer* and shows you where you need to heal some inner wound, although those issues are not as deep and unconscious as the ones associated with Pluto can be. Chiron healing work enables you to become a healer and mentor for others. Your Chiron stone raises your awareness of the things that need your attention.

### **Your Chiron is in Aries and in house 10**

#### **Amethyst**



Amethyst is a very common six-sided, pale- to dark-violet-colored crystal of the quartz family. It originates most commonly in Brasilia, Uruguay, and Madagascar. The quality and depth of color of the stone vary widely. The most desirable and clearest material will be cut as faceted (cut along flat faces) or cabochon (dome shaped, polished) stones.

Amethyst is one of the most important Neptune stones for sobriety. It also carries the energies of Mars, Jupiter and Chiron.

Amethyst is an excellent stone to begin with to introduce yourself to the subtle energies of crystals. It comes in huge clusters large enough to contain your hand. In fact at gem shows I have seen bathtub-shaped pieces that were large enough to lie in! When you put your hand into one of these clusters, you can feel a pulsating sensation similar to an ultrasound device. I used to have a huge sample of Amethyst in my studio in Germany that I used to provide my clients with an immediate experience of crystal energy.

Large amethyst clusters function as a sort of “spiritual vacuum cleaner,” cleansing rooms with a lot of traffic passing through. They are also perfect for cleaning other stones or jewelry by simply laying them in the cluster.

In olden times Amethyst was known as an amulet against black magic and homesickness, and as a bringer of good fortune. I see Amethyst as Merlin, the old sorcerer who looks harmless enough but in fact wields great power. In the myth he was the spiritual teacher and magician of King Arthur.

Amethyst can become your individual teacher as well. This gem’s greatest gift is its ability to open you up to higher realms of reality, higher states of consciousness. It enhances meditation, connects you with your higher self and the supreme reality.

The meaning of the Greek name for Amethyst is “not drunken” and it is considered to aid sobriety. When we access higher planes of consciousness, where we feel ourselves held, comforted, and nourished, our longing for the anesthetizing effects of substances such as alcohol and drugs slowly dissipates as we become open to a more enjoyable and beautiful experience.

When there is a strong influence of Neptune in our chart, there is an ever present yearning for a higher realm of consciousness, a longing for God, a search for something more than your daily reality. People who fall under this astrological configuration are often tempted to take a shortcut to that plane by using substances to escape reality. But their efforts fail in the long run because they are disappointed by the false world of chemical highs.

By uplifting our consciousness, Amethyst becomes the messenger who reminds you of your eternal connection with God. It is the bringer of bliss and understanding, of expansion to your being. It helps to clear the mind and to transform your limiting beliefs about who you are. It is your guardian and ally who accompanies you on your visionary quest to find greater truth and meaning in life.

### **Your Ascendant's True Birthstone**

**The Ascendant** represents the sign that was rising in the moment of your birth on the Eastern Horizon. It symbolizes the face you show to the world, the archetype of the zodiac that you use to present yourself to the world with all your potential and to self-actualize to your highest capacities. The Ascendant relates strongly to your physical body and your personal style of self-expression. Your birthstone for your Ascendant can stabilize your physical energy and give you self-confidence.

### **Your Ascendant is in Cancer**

#### **Moonstone**



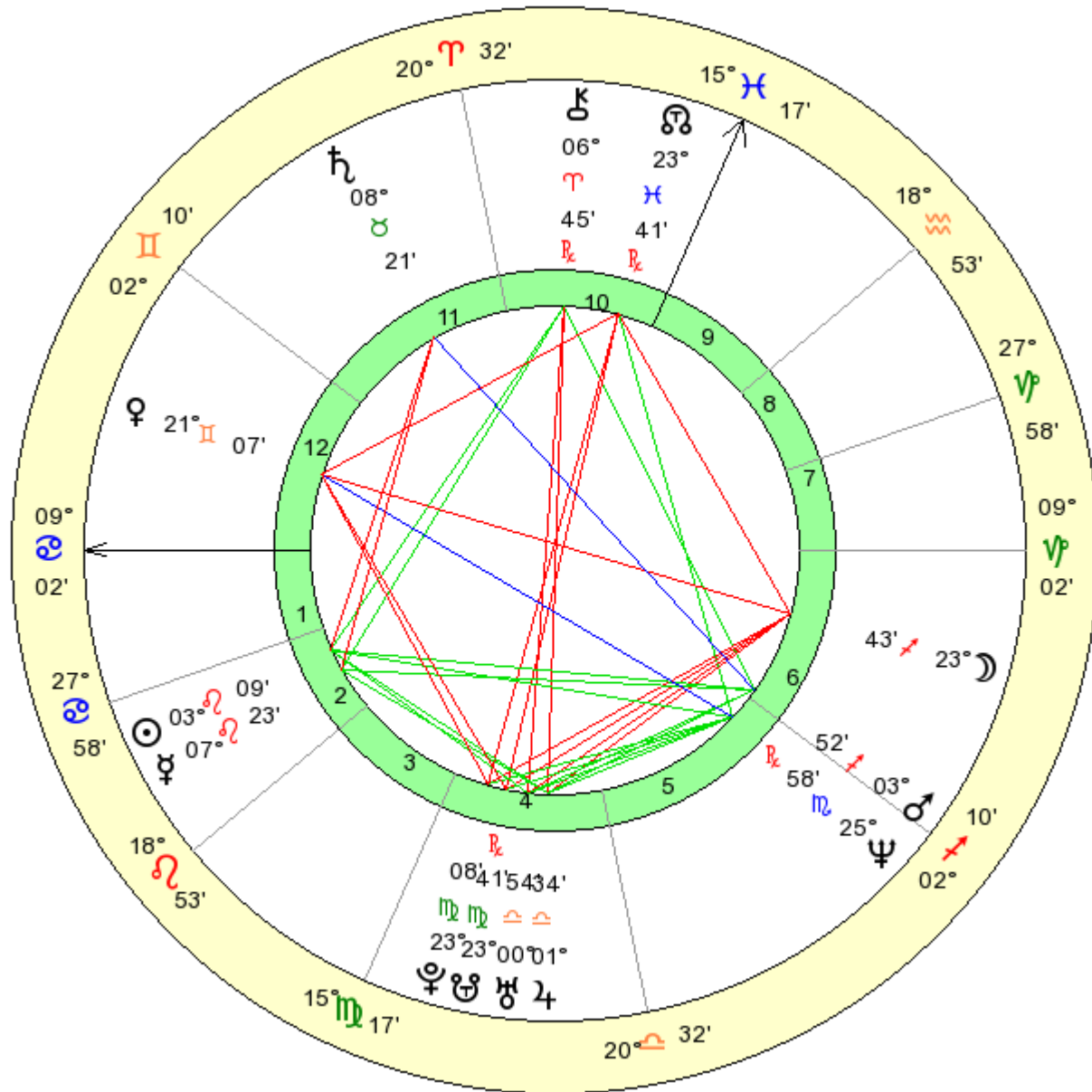
The Moonstone, like its cousin Labradorite, belongs to the feldspar group. Many of the best Moonstones are white with a bluish glow; those are found in Sri Lanka, Burma, Brazil, Australia, and India. The rarest and most valuable, though, is the Rainbow Moonstone, which contains a whole rainbow of colors. It is found only in India. The Moonstone also occurs in orange and gray-black stones with the sheen that is typical of this stone. Moonstone is a truly humble but so versatile friend that can heal Mercury, Moon, Venus, Uranus, and Neptune troubles.

I am fascinated by the Rainbow Moonstone and its qualities. This stone represents the high priestess from Avalon, the carrier and teacher of mysteries, the caring sister and the nourishing mother. The Rainbow Moonstone nourishes and balances the emotional system. It soothes your hurts and wounds. Its mysterious beauty speaks to your unconscious. It transmits peace and connects you with the eternal wisdom of the heart and with the essence of who you are. It connects you with your feminine side, a receptive state rather than constant action: it can help you reconnect with a state of “non-doing.” This is a place that is nurtured by your soul and guides you toward wisdom and the unfolding of your highest capacities and resources.

We cannot “do” the things that are most important in life: we can strive for what we think is right action, but we cannot make it happen. When I look back over my life, I see that the most important events and turning points were not things that I had any control over. I have tried hard to control and to act, but in the end how my life unfolded wasn't really in my hands; my life was directed to a great extent by grace or guidance in action. The Rainbow Moonstone helps you to relax into that guidance and have faith in the grace operating in your life. It teaches you about the journey of life, which is not a problem but a mystery to be lived.

The Moonstone is a wonderful companion for our male friends, husbands, and lovers. It brings to males an element of the female spirit and helps them to connect more with their feelings without fearing them. It gives the warrior a heart with gentle feelings. Give the man in your life a big chunk of stone to carry in his pocket or to wear as a pendant over his heart.

Jan Doe  
 Born: July 26, 1969 at 04:06 AM in Buffalo New York



## Summary of Your Personal Gems

Sun = Diamond - Green Diamond  
Moon = Labradorite  
Mercury = Diamond - Green Diamond  
Venus = Herkimer Diamond  
Mars = Sapphire - Yellow Sapphire  
Jupiter = Jade  
Saturn = Sapphire - Blue Sapphire  
Uranus = Labradorite  
Neptune = Opal - Crystal Clear Fire Opal  
Pluto = Herkimer Diamond  
North Node = Sugilite  
South Node = Diamond - Yellow Diamond  
Chiron = Amethyst  
Ascendant = Moonstone

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My thanks for the provision of gem photos go to GemSelect.